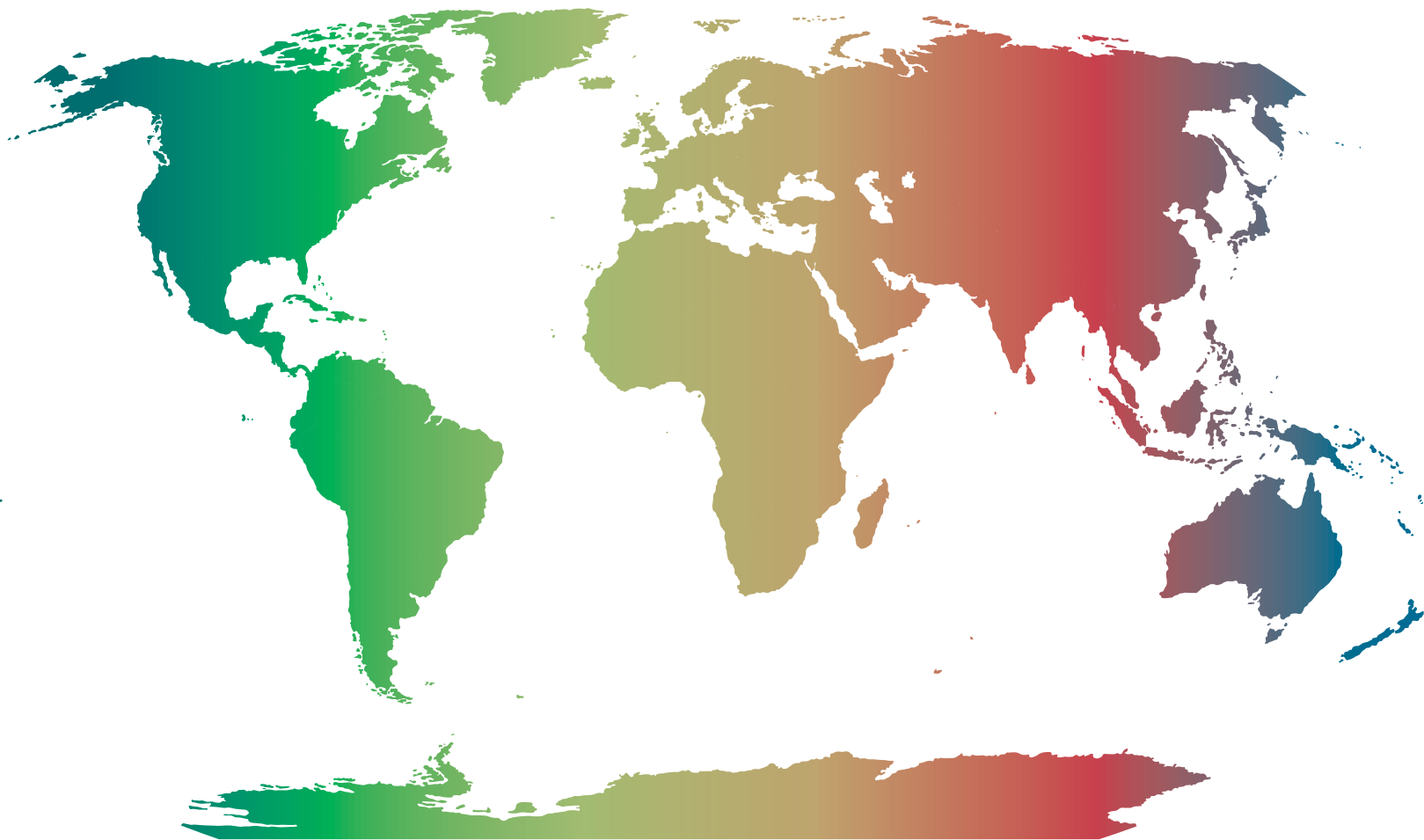


Virtual Voyage Family Activities



Virtual Voyage Family Activities

Statement on reconciliation

The work that we do in supporting teachers and youth to become active global citizens reminds us of the importance of learning, listening, and taking action as changemakers, all of which are central to the process of reconciliation. We are reminded that Canada's reconciliation process with Indigenous Peoples must be continuous and intentional, as do all processes like this around the world. We must remember that Canadian society struggles with the ongoing legacy of colonialism. Our ongoing pursuit of this work reminds us of the importance of understanding and acknowledging history, accurately and completely, to help us make changes that move us towards more inclusive and equitable societies. These reminders will inform our work, in Canada and globally, as we embark on this shared path of reconciliation.

Contributing organizations

AGA KHAN FOUNDATION CANADA

Aga Khan Foundation Canada (AKFC) is an international development organization and registered charity. Since 1980, AKFC has helped millions of people in Africa and Asia unlock their potential to build a better life. In Canada, AKFC works with caregivers and educators to empower them with practical tools and strategies to engage students as active global citizens. All of this work, in Canada and globally, promotes gender equality, an active, inclusive civil society, and environmental sustainability – using approaches based in evidence and research.

World Partnership Walk, an initiative of AKFC, is Canada's largest public movement to fight global poverty. This annual, volunteer-driven fundraising campaign rallies support for development and inspires Canadians to act locally to fight poverty globally. AKFC directly invests the funds its volunteers raise, alongside public funds, in its work overseas. This year, supporters can join the campaign as we travel virtually and see the impact of Canadian support through the Virtual Voyage campaign.

CANADIAN GEOGRAPHIC EDUCATION

The programs of Canadian Geographic Education aim to strengthen geographic education in the classroom. In addition to increasing the emphasis on geography within the school system, Canadian Geographic Education endeavours to increase public awareness of the importance of geographical literacy. Canadian Geographic Education is the educational committee for The Royal Canadian Geographical Society, one of Canada's largest non-profit education organizations.

This resource was made possible with financial support from Global Affairs Canada.

Virtual Voyage Family Activities

Introduction

Take a virtual voyage with your family to explore and learn about six unique countries through these family-friendly activities.

What is this booklet?

This booklet was designed to help families learn about the world and how Aga Khan Foundation Canada partners with communities to improve their health and education and reach their full potential. Aimed at children aged eight and younger, these activities will help children and their families explore the cultures, geographical features, and health and education challenges in six countries where Aga Khan Foundation Canada works: Pakistan, Kenya, Mozambique, Tanzania, the Kyrgyz Republic, and Tajikistan.

By completing these activities, your children will build empathy and develop a global mindset as they learn about the challenges faced by women, men, girls, and boys in the highlighted countries. They are a great start to inspire your children to become global citizens and help them understand that we are all part of one world, with a responsibility to take action to care for the planet and to better the lives of those living on the planet.

DID YOU KNOW THAT BY COMPLETING THESE ACTIVITIES, YOU'RE CONTRIBUTING TO THE GLOBAL ACHIEVEMENT OF THE UNITED NATIONS' SUSTAINABLE DEVELOPMENT GOAL #4 (QUALITY EDUCATION)? PART OF THIS GOAL IS TO HELP STUDENTS GAIN THE KNOWLEDGE THEY NEED TO PROMOTE SUSTAINABLE DEVELOPMENT! WAY TO GO!

The Virtual Voyage

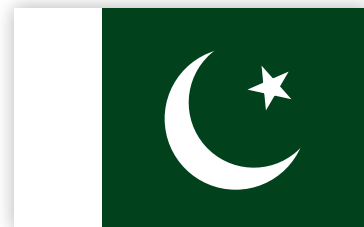
Want to learn about the 2021 Virtual Voyage campaign? Visit the website (worldpartnershipwalk.com/virtual-voyage/) for videos, stories, and more, and to learn how you can join us in stepping forward to help end global poverty! Sign up your friends and family for the Virtual Voyage to make a positive impact around the world.

Virtual Voyage Family Activities

Pakistan

Find your way

A midwife is someone who helps women give birth and care for newborn babies. They are important figures in health care around the world. Help this midwife get to communities in remote villages in the mountains of Pakistan. Begin at the “start” and, using a pencil, trace a path to reach the pregnant woman. What obstacles block your way?



LEGEND



No access to the necessary medical supplies.



In some families, a young woman must have her family's permission to study to become a midwife.



Heavy snowfall is blocking the path.



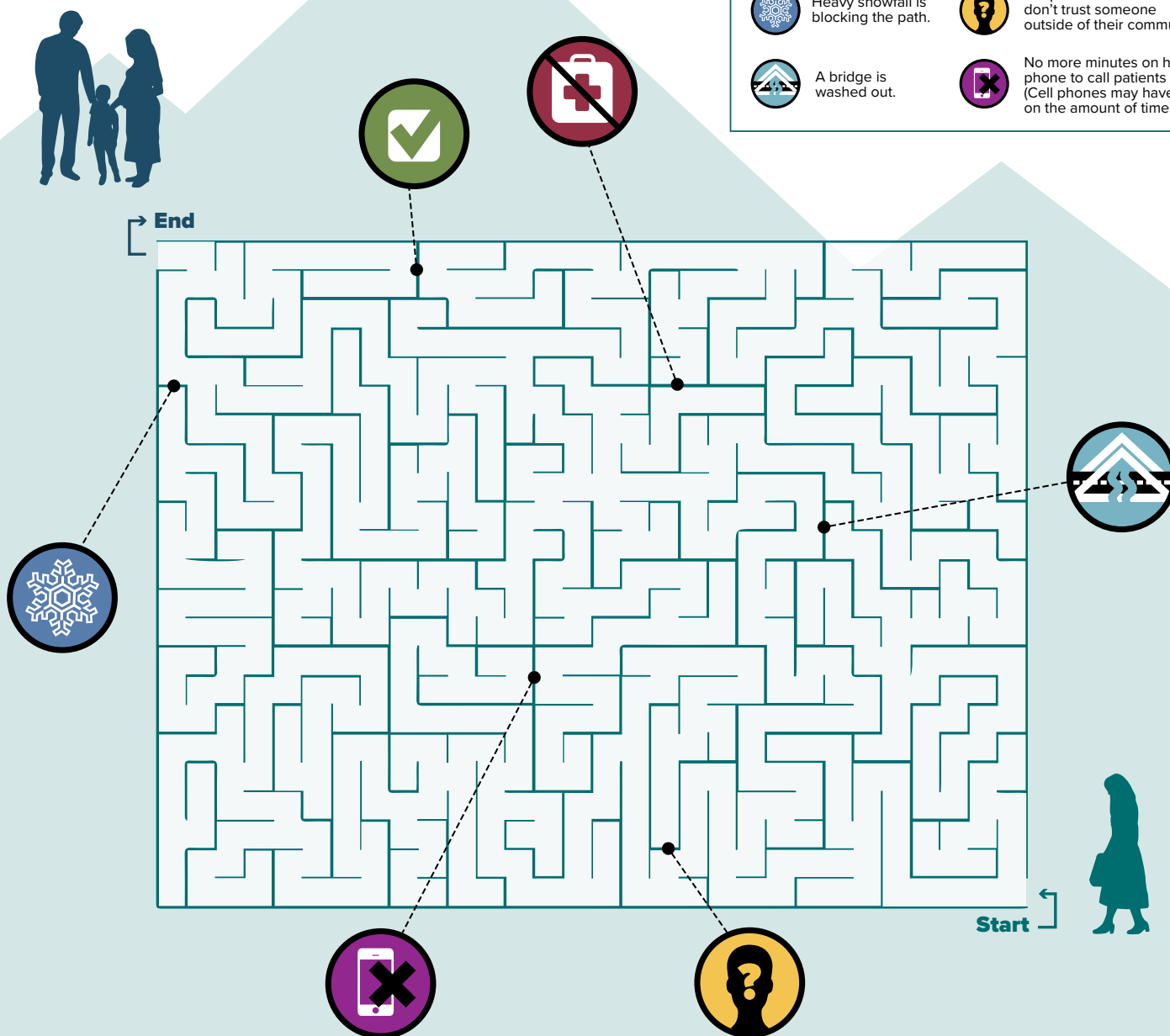
People in the community don't trust someone outside of their community.



A bridge is washed out.



No more minutes on her cell phone to call patients today. (Cell phones may have a limit on the amount of time for calls.)

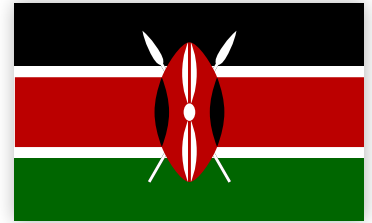


Virtual Voyage Family Activities

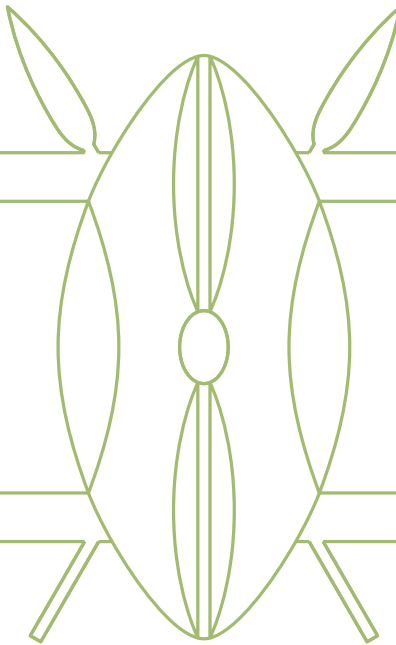
Kenya

Colour the flag

Using the image of the flag at the top of the page, colour the Kenyan flag and learn about why each colour was chosen.



- **Top: Black.** This colour symbolizes the people of Kenya.
- **Middle: Red.** This colour symbolizes the Kenyan fight for independence from the British.
- **Bottom: Green.** This colour symbolizes the land of Kenya.
- **White stripes between the black, red and green:** This colour represents peace.
- **The shield:** This is a Maasai warrior shield with spears behind it. The Maasai are a semi-nomadic people in Kenya and Tanzania who herd cattle. Semi-nomadic means sometimes they stay in one place, and sometimes they move around.



DID YOU KNOW RED AND WHITE HAVE BEEN THE OFFICIAL COLOURS OF CANADA SINCE 1921 AND FOR HUNDREDS OF YEARS, THE MAPLE LEAF HAS BEEN A SYMBOL OF CANADA?

Virtual Voyage Family Activities

Mozambique

What's different?

Knowing which foods help us grow and how to eat a wholesome diet is important to keeping us healthy. In Mozambique, nutrition groups teach parents and children about food choices and how to cook with locally grown ingredients to ensure that everyone can live healthy lives.

Look at these two images of volunteer members of a local nutrition group, preparing a meal. Write the five differences you see between the two pictures. Can you find them all?

Write the differences you spot below:

1. _____
2. _____
3. _____
4. _____
5. _____

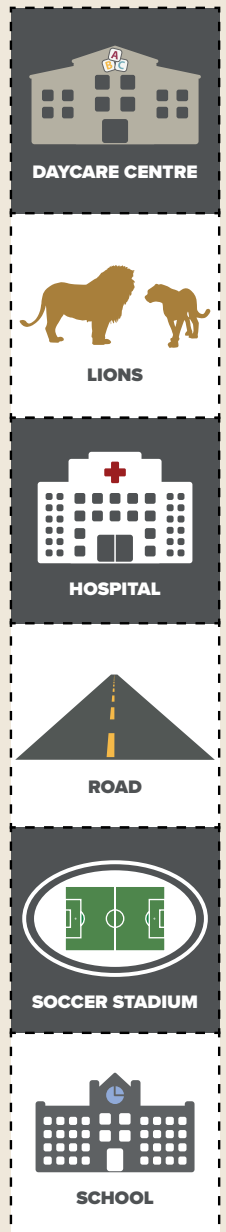
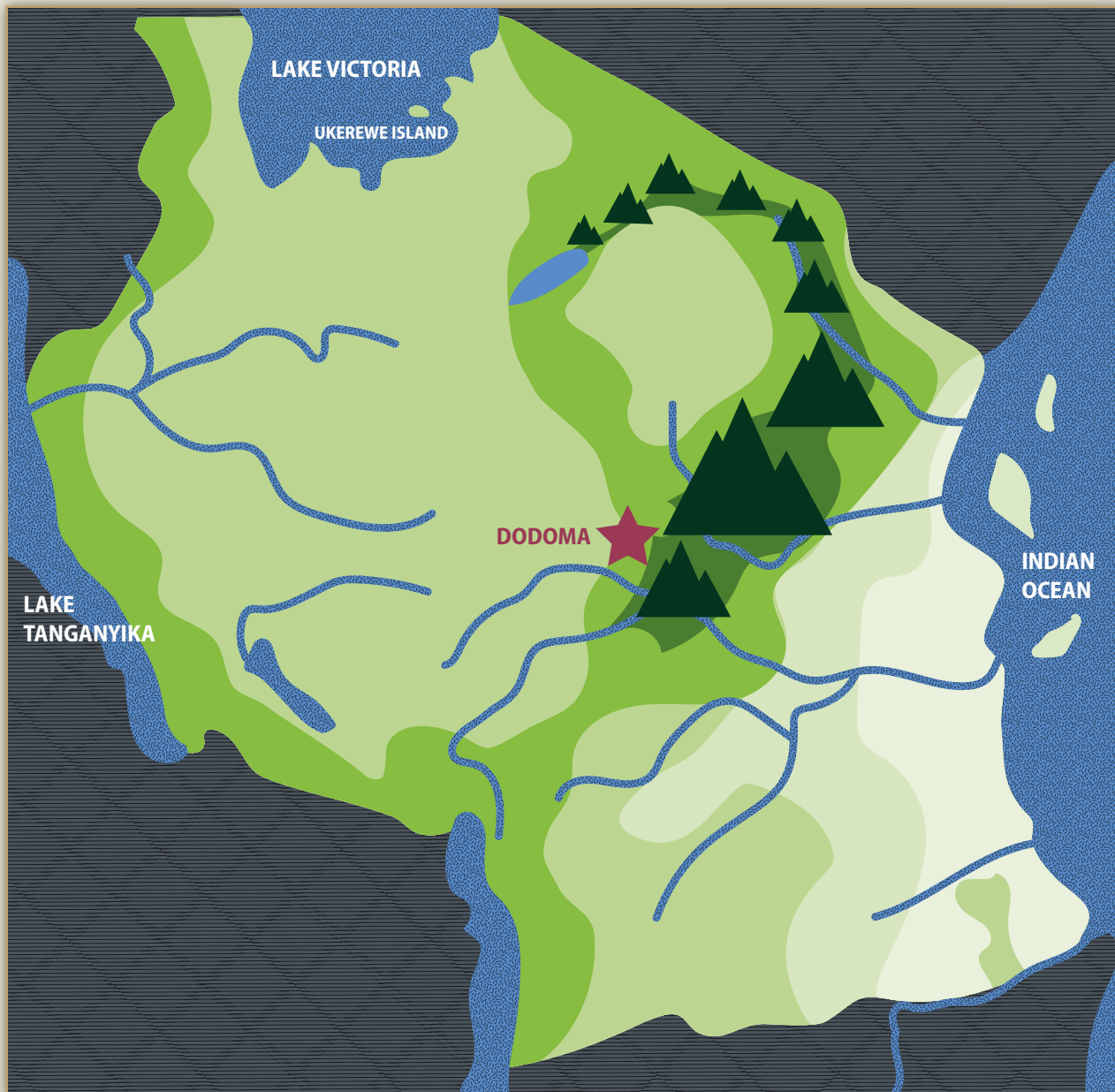


Virtual Voyage Family Activities

Tanzania

My map of Tanzania

1. Cut out the icons on the right-hand column.
2. Study the map of Tanzania and the images on the right-hand side. Where do you think you would find these places, things and animals? Where would be a good place to put a school or a hospital? Where would the lions live? Where should a road go?
3. Glue the pictures onto the map.



LEARN MORE ABOUT THE IMPACT PROGRAM IN TANZANIA IN THIS [VIDEO!](#)

Virtual Voyage Family Activities



Kyrgyz Republic

Where are the words?

Find words that are connected to the Kyrgyz Republic (also known as Kyrgyzstan) below. If there are any words you don't recognize, ask an adult to help you find out what they mean! Some of the words in this word search are place names—try to locate them on a map of the Kyrgyz Republic (Tip: use Google Earth to explore the different locations).



Find and circle the following words in the word search. Words can be diagonal, vertical or horizontal.

W	N	I	D	J	L	M	I	N	I	N	G	P	E
W	A	L	N	U	T	J	H	W	F	E	L	L	C
Y	O	B	O	N	E	A	Z	T	M	U	B	H	L
A	H	R	X	I	I	Q	O	S	O	P	D	V	I
Q	B	B	C	P	W	Y	G	S	H	L	G	S	M
M	C	L	I	E	E	A	N	Q	H	E	F	I	A
O	X	A	L	R	B	S	U	J	E	H	E	D	T
U	S	R	A	Y	I	I	G	O	A	T	L	P	E
N	Y	Q	R	P	R	A	S	Z	R	W	T	U	C
T	L	D	C	P	B	I	S	H	K	E	K	Z	H
A	X	I	H	X	N	X	N	N	O	M	A	D	A
I	H	S	J	U	I	S	S	Y	K	K	U	L	N
N	R	A	G	R	I	C	U	L	T	U	R	E	G
S	P	A	M	I	R	M	J	A	T	Z	Y	X	E

Word Table:

MOUNTAINS

BISHKEK

ASIA

ISSYK-KUL

OSH

PAMIR

LARCH

JUNIPER

WALNUT

NOMAD

FELT

SHEEP

GOAT

CLIMATE CHANGE

MINING

AGRICULTURE

Your turn!

Create your own word search using items or places you see in your community. Similar to the word search you did about the Kyrgyz Republic, try to choose things that represent your community. Get outside with an adult and try to find examples of the following:

- An animal
- A type of job (like a farmer)
- A hill or mountain (like the Pamir Mountains)
- A forest
- A lake (like Issyk-Kul) or other body of water
- A tree (like a larch)
- A way to get around (like a bus)
- An important community place or school

Use this page to design your own word search.

Create your own word search using items or places you see in your community. Similar to the word search you did about the Kyrgyz Republic, try to choose things that represent your community. Get outside with an adult and try to find examples of the following:

- Use this page to design your own word search.

[illegible][illegible]

Virtual Voyage Family Activities

Tajikistan

What's in Tajikistan?

Help Seeno share the culture of his country, Tajikistan, with others. Draw three of the following things you would find in Tajikistan. You might need to research what they look like!



- Tajikistan's flag. Look at the top of the page to see what it looks like.
- Pamir Mountains: These mountains are known as "the roof of the world."
- University: The University of Central Asia is a world-class university with campuses in several small, mountain communities — including in Khorog, Tajikistan.
- Rubab. This is a musical instrument played in Tajikistan and other countries. It's a lute (guitar-like instrument) made of wood and strings.
- Yurt: This is a dwelling many nomadic people in Tajikistan and other countries live in. It is shaped in a circle and has a wood structure covered by felt or fabric. Yurts are portable, allowing families to take their homes with them (by taking the yurt apart and then building it again in a new place) and move with their grazing livestock.



WOULD YOU LIKE TO LEARN ABOUT SEENO'S LIFE IN TAJIKISTAN? WATCH THIS VIDEO (IN ENGLISH ONLY)!