

# Foundations for Health and Empowerment



Foundations for Health and Empowerment (F4HE) aims to improve the health and wellbeing, and enhance the equitable development and empowerment, of women, girls, their families, and their communities. The program will address the gender and social barriers that women and girls face in accessing health services to improve outcomes related to maternal, newborn, child, and adolescent health; sexual and reproductive health; and early childhood development.



## Outcomes<sup>1</sup>

Indicator	Country	Disaggregation	Baseline	Result - Year 2 <sup>2</sup>
% of supported health institutions and facilities that are gender responsive, adolescent friendly, and child friendly as per standards	Afghanistan	Gender responsive	83.3%	N/A <sup>3</sup>
		Adolescent-friendly	66.7%	N/A
		Child friendly	16.7%	N/A
	Kyrgyzstan	Gender responsive	22.2%	N/A
		Adolescent-friendly	38.8%	N/A
		Child friendly	40.0%	N/A
	Pakistan	Gender responsive	12.2%	N/A
		Adolescent-friendly	43.9%	N/A
		Child friendly	2.4%	N/A
Tajikistan	Gender responsive	5.3%	N/A	
	Adolescent-friendly	62.7%	N/A	
	Child friendly	13.3%	N/A	
% of supported Early Childhood Development (ECD) centers/pre-primary/community spaces meeting the minimum quality and secure learning environment standards	Afghanistan	Total	40%	N/A
	Pakistan	Total	80.7%	N/A
	Tajikistan	Total	55.9%	N/A



<b>% of Canadians who state that their knowledge of international development issues increased following a public engagement activity under the project</b>	Canada	<b>Total</b>	N/A <sup>4</sup>	93%
		Women, girls	N/A	96%
		Men, boys	N/A	85%
		Non-binary	N/A	97%

## Reach

Reporting Period	Country	Gender	Primary stakeholders <sup>5</sup>	Intermediaries <sup>6</sup>	Total Reach
<b>Year 2 (April 2022 – March 2023)</b>	<b>Afghanistan</b>	Women, girls	37,660	16,239	53,899
		Men, boys	51,925	21,469	73,394
		<b>Total</b>	<b>89,585</b>	<b>37,708</b>	<b>127,293</b>
	<b>India</b>	Women, girls	5,520	3,944	9,464
		Men, boys	2,466	420	2,886
		<b>Total</b>	<b>7,986</b>	<b>4,364</b>	<b>12,350</b>
	<b>Kyrgyzstan</b>	Women, girls	19,423	20,328	39,751
		Men, boys	18,377	16,883	35,260
		<b>Total</b>	<b>37,800</b>	<b>37,211</b>	<b>75,011</b>
	<b>Pakistan</b>	Women, girls	94,345	5,566	99,911
		Men, boys	29,000	2,021	31,021
		<b>Total</b>	<b>123,345</b>	<b>7,587</b>	<b>130,932</b>
	<b>Tajikistan</b>	Women, girls	26,716	1,839	28,555
		Men, boys	14,137	283	14,420
		<b>Total</b>	<b>40,853</b>	<b>2,122</b>	<b>42,975</b>
	<b>Total (South, Central Asia)</b>	<b>Women, girls</b>	<b>183,664</b>	<b>47,916</b>	<b>231,580</b>
		<b>Men, boys</b>	<b>115,905</b>	<b>41,076</b>	<b>156,981</b>
		<b>Total</b>	<b>299,569</b>	<b>88,992</b>	<b>388,561</b>
	<b>Canada</b>	Women, girls	0	489,963	<b>489,963</b>
		Men, boys	0	489,963	<b>489,963</b>
Non-binary		0	9,989	<b>9,989</b>	
<b>Total</b>		<b>0</b>	<b>989,915</b>	<b>989,915</b>	
<b>Cumulative Reach (to March 2023)</b>	<b>Total (South, Central Asia)</b>	<b>Women, girls</b>	<b>209,687</b>	<b>47,966</b>	<b>257,653</b>
		<b>Men, boys</b>	<b>135,567</b>	<b>41,082</b>	<b>176,649</b>
		<b>Total</b>	<b>345,254</b>	<b>89,048</b>	<b>434,302</b>
	<b>Canada</b>	<b>Women, girls</b>	<b>0</b>	<b>578,300</b>	<b>578,300</b>
		<b>Men, boys</b>	<b>0</b>	<b>578,300</b>	<b>578,300</b>
		<b>Non-binary</b>	<b>0</b>	<b>11,774</b>	<b>11,774</b>
		<b>Total</b>	<b>0</b>	<b>1,168,374</b>	<b>1,168,374</b>

<sup>1</sup> The list of outcome indicators is not exhaustive. Standard indicators and/or those with data available have been shared. The full logic model with the ultimate, intermediate and immediate outcome level results is available upon request.

<sup>2</sup> The Year 2 reporting period for this project covers April 2022 to March 2023.

<sup>3</sup> Indicator progress data will be available next year.

<sup>4</sup> Data for this indicator was not required at baseline, as the indicators are directly linked to implementation activities.

<sup>5</sup> The individuals intended to experience an improvement in well-being as the ultimate outcome of the program. For instance, this might include those receiving health services in a health program, or women and girls in a women's empowerment program.

<sup>6</sup> Individuals that are not the primary stakeholders of the project, but that will experience a change in capacity and behaviour, practices or performance which will enable them to contribute to the program's efforts to improve wellbeing of primary stakeholders. For example, this might include health workers or health officials in a health program, or traditional community leaders in a women's empowerment program.