

Foundations for Health and Empowerment



Foundations for Health and Empowerment (F4HE) aims to improve the health and wellbeing, and enhance the equitable development and empowerment, of women, girls, their families, and their communities. The program will address the gender and social barriers that women and girls face in accessing health services to improve outcomes related to maternal, newborn, child, and adolescent health; sexual and reproductive health; and early childhood development.



Outcomes¹

| Indicator | Country | Disaggregation | Baseline | Result - Year 3 ² | N (sample size) |
|---|-------------|---------------------|----------|------------------------------|-----------------|
| % of supported health institutions and facilities that are gender responsive, adolescent friendly, and child friendly as per standards | Afghanistan | Gender responsive | 83.3% | 100% | 6 facilities |
| | | Adolescent-friendly | 66.7% | 83% | 6 facilities |
| | | Child friendly | 16.7% | 50% | 6 facilities |
| | Kyrgyzstan | Gender responsive | 22.2% | 44% | 18 facilities |
| | | Adolescent-friendly | 44.4% | 94% | 18 facilities |
| | | Child friendly | 38.9% | 17% | 18 facilities |
| | Pakistan | Gender responsive | 12.2% | 16% | 41 facilities |
| | | Adolescent-friendly | 43.9% | 0% | 41 facilities |
| | | Child friendly | 2.4% | 4.5% | 41 facilities |
| % of supported Early Childhood Development (ECD) centers/pre-primary/community spaces meeting the minimum quality and secure learning environment standards | Afghanistan | Total | 40% | 100% | 15 centres |
| | Pakistan | Total | 80.7% | 85% | 34 centres |



| | | | | | |
|---|--------|---------------------|------------------|------|----------------|
| % of Canadians who state that their knowledge of international development issues increased following a public engagement activity under the project | Canada | Total | N/A ³ | 89% | 37 respondents |
| | | Women, girls | N/A | 91% | 21 respondents |
| | | Men, boys | N/A | 87% | 15 respondents |
| | | Non-binary | N/A | N/A | N/A |
| | | Gender not reported | N/A | 100% | 1 respondent |

Reach

| Reporting Period | Country | Gender | Primary stakeholders ⁴ | Intermediaries ⁵ | Total Reach |
|----------------------------------|------------------------------------|---------------------|-----------------------------------|-----------------------------|------------------|
| Year 3 (April 2023 – March 2024) | Afghanistan | Women, girls | 87,222 | 1,132 | 88,354 |
| | | Men, boys | 36,222 | 694 | 36,916 |
| | | Total | 123,444 | 1,826 | 125,270 |
| | India | Women, girls | 3,401 | 3,884 | 7,285 |
| | | Men, boys | 291 | 2,169 | 2,460 |
| | | Total | 3,692 | 6,053 | 9,745 |
| | Kyrgyzstan | Women, girls | 13,721 | 4,979 | 18,700 |
| | | Men, boys | 10,674 | 2,881 | 13,555 |
| | | Total | 24,395 | 7,860 | 32,255 |
| | Pakistan | Women, girls | 51,151 | 15,660 | 66,811 |
| | | Men, boys | 26,783 | 9,817 | 36,600 |
| | | Total | 77,934 | 25,477 | 103,411 |
| | Tajikistan | Women, girls | 29,477 | 1,121 | 30,598 |
| | | Men, boys | 28,811 | 457 | 29,268 |
| | | Total | 58,288 | 1,578 | 59,866 |
| | Total (South, Central Asia) | Women, girls | 184,971 | 26,776 | 211,747 |
| | | Men, boys | 102,782 | 16,018 | 118,800 |
| | | Total | 287,754 | 42,794 | 330,548 |
| | Canada | Women, girls | - | 210,955 | 210,955 |
| | | Men, boys | - | 210,955 | 210,955 |
| Non-binary | | - | 4,261 | 4,261 | |
| Total | | - | 426,171 | 426,171 | |
| Cumulative Reach (to March 2024) | Total (South, Central Asia) | Women, girls | 394,658 | 79,256 | 473,914 |
| | | Men, boys | 238,349 | 59,788 | 298,137 |
| | | Total | 633,008 | 139,044 | 772,052 |
| | Canada | Women, girls | - | 789,225 | 789,225 |
| | | Men, boys | - | 789,225 | 789,225 |
| | | Non-binary | - | 16,035 | 16,035 |
| | | Total | - | 1,594,485 | 1,594,485 |

¹ The list of outcome indicators is not exhaustive. Standard indicators and/or those with data available have been shared. The full logic model with the ultimate, intermediate and immediate outcome level results is available upon request.

² The Year 3 reporting period for this project covers April 2023 to March 2024.

³ Data for this indicator was not required at baseline, as the indicators are directly linked to implementation activities.

⁴ The individuals intended to experience an improvement in well-being as the ultimate outcome of the program. For instance, this might include those receiving health services in a health program, or women and girls in a women's empowerment program.

⁵ Individuals that are not the primary stakeholders of the project, but that will experience a change in capacity and behaviour, practices or performance which will enable them to contribute to the program's efforts to improve wellbeing of primary stakeholders. For example, this might include health workers or health officials in a health program, or traditional community leaders in a women's empowerment program.